

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 14:01
Heat: 2/8 Lane : 5 Athlete: VLUYMANS JULIE			Q-time: 00:44:96
PB (25m pool): no time			PB (50m pool): 00:44.96 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 14:04
Heat: 4/8 Lane : 6 Athlete: SARMI SOFIA			Q-time: 00:37:30
PB (25m pool): 00:37.30 Herentals 09/05/2026			PB (50m pool): 00:39.72 SB: no time
	2 5 M	5 0 M	
PB		00:37.30	
	00:37.30		
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 14:05
Heat: 5/8 Lane : 1 Athlete: DALEMANS NEL			Q-time: 00:35:57
PB (25m pool): 00:35.57 Hoogstraten 28/09/2025			PB (50m pool): 00:36.90 SB: no time
	2 5 M	5 0 M	
PB		00:35.57	
	00:35.57		
			

Coach feedback:

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Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 14:06
Heat: 6/8 Lane : 2 Athlete: VAN REETH LIEZE			Q-time: 00:33:34
PB (25m pool): 00:33.34 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:31.74 SB: no time			
	2 5 M	5 0 M	
PB		00:33.34	
		00:33.34	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 14:06
Heat: 6/8 Lane : 5 Athlete: VAN BREEDAM LENA			Q-time: 00:33:58
PB (25m pool): 00:33.58 Herentals 09/05/2026 PB (50m pool): 00:34.32 SB: no time			
	2 5 M	5 0 M	
PB		00:33.58	
		00:33.58	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:8, starttime: 14:08
Heat: 8/8 Lane : 3 Athlete: JACOBS LOTTE			Q-time: 00:29:76
PB (25m pool): 00:29.76 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:30.34 SB: no time			
	2 5 M	5 0 M	
PB		00:29.76	
		00:29.76	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 14:14
Heat: 4/9 Lane : 3 Athlete: MARIN ALEXANDRU			Q-time: 00:32:76
PB (25m pool): 00:32.76 Herentals 09/05/2026 PB (50m pool): 00:32.67 SB: no time			
	2 5 M	5 0 M	
PB		00:32.76	
		00:32.76	
			

Coach feedback:

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Event number: 2: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 14:15
Heat: 5/9 Lane : 4 Athlete: SLAETS CAZ			Q-time: 00:31:94
PB (25m pool): 00:31.94 Nijlen 16/11/2025			PB (50m pool): 00:32.24 SB: no time
	2 5 M	5 0 M	
PB		00:31.94	
		00:31.94	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 14:15
Heat: 5/9 Lane : 6 Athlete: MERTENS GERBEN			Q-time: 00:32:61
PB (25m pool): 00:32.61 Hoogstraten 28/09/2025			PB (50m pool): 00:31.52 SB: no time
	2 5 M	5 0 M	
PB		00:32.61	
		00:32.61	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 14:17
Heat: 7/9 Lane : 6 Athlete: JACOB QINGKUN			Q-time: 00:29:97
PB (25m pool): 00:29.97 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:31.69 SB: no time
	2 5 M	5 0 M	
PB		00:29.97	
		00:29.97	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:8, starttime: 14:18
Heat: 8/9 Lane : 4 Athlete: DOOMEN MARNIX			Q-time: 00:27:93
PB (25m pool): 00:27.93 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:28.17 SB: no time
	2 5 M	5 0 M	
PB		00:27.93	
		00:27.93	
			

Coach feedback:

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Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:2, starttime: 14:22
Heat: 2/2 Lane : 4 Athlete: SOMERS BESS			Q-time: 00:48:33
PB (25m pool): no time			PB (50m pool): 00:48.33 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 14:24
Heat: 1/8 Lane : 3 Athlete: DE KEYZER FRAN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 14:27
Heat: 3/8 Lane : 5 Athlete: HERREMANS ELIEN			Q-time: 00:43:16
PB (25m pool): 00:43.16 Hoogstraten 28/09/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:43.16	
	00:43.16		
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 14:31
Heat: 6/8 Lane : 4 Athlete: VERDOOD PIP			Q-time: 00:35:03
PB (25m pool): 00:35.03 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:35.76 SB: no time
	2 5 M	5 0 M	
PB		00:35.03	
	00:35.03		
			

Coach feedback:

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Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 14:32
Heat: 7/8 Lane : 5 Athlete: DE VOCHT LINNE			Q-time: 00:34:33
PB (25m pool): 00:34.33 LEUVEN 23/11/2025			PB (50m pool): 00:35.58 SB: no time
	2 5 M	5 0 M	
PB		00:34.33	
		00:34.33	
			

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 14:34
Heat: 8/8 Lane : 6 Athlete: SCHELLEMANS CHARLOTTE			Q-time: 00:33:40
PB (25m pool): 00:33.40 Antwerpen 12/10/2025			PB (50m pool): 00:34.41 SB: no time
	2 5 M	5 0 M	
PB		00:33.40	
		00:33.40	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 14:38
Heat: 3/7 Lane : 4 Athlete: DE PUYDT ARTHUR			Q-time: 00:44:44
PB (25m pool): 00:44.44 Hoogstraten 28/09/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:44.44	
		00:44.44	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 14:39
Heat: 4/7 Lane : 5 Athlete: VERSTRAETE PEPIJN			Q-time: 00:37:39
PB (25m pool): 00:37.39 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:38.43 SB: no time
	2 5 M	5 0 M	
PB		00:37.39	
		00:37.39	
			

Coach feedback:

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Event number: 5: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 14:41
Heat: 5/7 Lane : 4 Athlete: VERCAMMEN DAAN				Q-time: 00:33:74
PB (25m pool): 00:33.74 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:34.09 SB: no time				
	2 5 M	5 0 M		
PB		00:33.74		
	00:33.74			
				

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:15
Heat: 4/10 Lane : 1 Athlete: BOURGUIGNON NENA					Q-time: 01:33:66
PB (25m pool): 01:33.66 Arendonk 31/05/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:33.66	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:15
Heat: 4/10 Lane : 3 Athlete: JORIS LINDE					Q-time: 01:31:41
PB (25m pool): 01:31.41 Heist-op-den-Berg 10/01/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:31.41	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 15:27
Heat: 10/10 Lane : 6 Athlete: VAN REETH LIEZE					Q-time: 01:13:55
PB (25m pool): 01:13.55 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.23		01:13.55	
	00:34.23		00:39.32		
					

Coach feedback:

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Event number: 8: 100M MEDLEY MEN 11+					Heat:1, starttime: 15:29
Heat: 1/6 Lane : 4 Athlete: GILLIS MATTHIJS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:3, starttime: 15:33
Heat: 3/6 Lane : 4 Athlete: DE WEERDT BENT					Q-time: 01:19:42
PB (25m pool): 01:19.42 Hoogstraten 28/09/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.42	
	no time				
					

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+					Heat:6, starttime: 15:39
Heat: 6/6 Lane : 2 Athlete: WIJSGEER VIKTOR					Q-time: 01:05:81
PB (25m pool): 01:05.81 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.24		01:05.81	
	00:31.24		00:34.57		
					

Coach feedback:

Event number: 10: 50M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 16:08
Heat: 1/1 Lane : 4 Athlete: FELIX JULIE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

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Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 16:10
Heat: 1/9 Lane : 2 Athlete: DE KEYZER FRAN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 16:19
Heat: 7/9 Lane : 3 Athlete: DALEMANS NEL			Q-time: 00:41:06
PB (25m pool): 00:41.06 Antwerpen 12/10/2025			PB (50m pool): 00:42.86 SB: no time
	2 5 M	5 0 M	
PB		00:41.06	
	00:41.06		
			

Coach feedback:

Event number: 11: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 16:19
Heat: 7/9 Lane : 4 Athlete: GERAEDTS MARIA			Q-time: 00:41:08
PB (25m pool): 00:41.08 Herentals 09/05/2026			PB (50m pool): 00:41.25 SB: no time
	2 5 M	5 0 M	
PB		00:41.08	
	00:41.08		
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:3, starttime: 16:25
Heat: 3/9 Lane : 3 Athlete: DE PUYDT ARTHUR			Q-time: 00:48:29
PB (25m pool): 00:48.29 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:48.29	
	00:48.29		
			

Coach feedback:

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Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:3, starttime: 16:25
Heat: 3/9 Lane : 4 Athlete: GILLIS BAS			Q-time: 00:48:76
PB (25m pool): 00:48.76 Nijlen 16/11/2025			PB (50m pool): 00:47.90 SB: no time
	2 5 M	5 0 M	
PB		00:48.76	
		00:48.76	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:7, starttime: 16:30
Heat: 7/9 Lane : 4 Athlete: MERTENS GERBEN			Q-time: 00:34:81
PB (25m pool): 00:34.81 Antwerpen 12/10/2025			PB (50m pool): 00:32.83 SB: no time
	2 5 M	5 0 M	
PB		00:34.81	
		00:34.81	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 16:31
Heat: 8/9 Lane : 3 Athlete: SLAETS CAZ			Q-time: 00:33:67
PB (25m pool): 00:33.67 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:33.44 SB: no time
	2 5 M	5 0 M	
PB		00:33.67	
		00:33.67	
			

Coach feedback:

Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:9, starttime: 16:33
Heat: 9/9 Lane : 2 Athlete: JACOB QINGKUN			Q-time: 00:32:43
PB (25m pool): 00:32.43 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:32.93 SB: no time
	2 5 M	5 0 M	
PB		00:32.43	
		00:32.43	
			

Coach feedback:

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Event number: 12: 50M BREASTSTROKE MEN 11+			Heat:9, starttime: 16:33
Heat: 9/9 Lane : 4 Athlete: WIJSGEER VIKTOR			Q-time: 00:31:16
PB (25m pool): 00:31.16 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:31.43 SB: no time			
	2 5 M	5 0 M	
PB		00:31.16	
		00:31.16	
			

Coach feedback:

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:1, starttime: 16:34
Heat: 1/3 Lane : 3 Athlete: FELIX JULIE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 13: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 16:37
Heat: 3/3 Lane : 6 Athlete: SOMERS BESS			Q-time: 00:40:36
PB (25m pool): no time PB (50m pool): 00:40.36 SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:41
Heat: 3/11 Lane : 6 Athlete: HERREMANS ELIEN			Q-time: 00:39:63
PB (25m pool): 00:39.63 Arendonk 31/05/2026 PB (50m pool): 00:37.85 SB: no time			
	2 5 M	5 0 M	
PB		00:39.63	
		00:39.63	
			

Coach feedback:

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Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:42
Heat: 4/11 Lane : 1 Athlete: VLUYMANS JULIE			Q-time: 00:37:60
PB (25m pool): 00:37.60 Arendonk 31/05/2026			PB (50m pool): 00:37.18 SB: no time
	2 5 M	5 0 M	
PB		00:37.60	
		00:37.60	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:42
Heat: 4/11 Lane : 6 Athlete: BOURGUIGNON NENA			Q-time: 00:37:63
PB (25m pool): 00:37.63 Arendonk 31/05/2026			PB (50m pool): 00:36.67 SB: no time
	2 5 M	5 0 M	
PB		00:37.63	
		00:37.63	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:43
Heat: 5/11 Lane : 5 Athlete: JORIS LINDE			Q-time: 00:34:89
PB (25m pool): 00:34.89 Arendonk 31/05/2026			PB (50m pool): 00:34.69 SB: no time
	2 5 M	5 0 M	
PB		00:34.89	
		00:34.89	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:45
Heat: 7/11 Lane : 1 Athlete: GERAEDTS MARIA			Q-time: 00:32:66
PB (25m pool): 00:32.66 Nijlen 16/11/2025			PB (50m pool): 00:32.33 SB: no time
	2 5 M	5 0 M	
PB		00:32.66	
		00:32.66	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZVL

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:45
Heat: 7/11 Lane : 3 Athlete: VAN BREEDAM LENA			Q-time: 00:32:00
PB (25m pool): 00:32.00 Arendonk 31/05/2026			PB (50m pool): 00:32.30 SB: no time
	2 5 M	5 0 M	
PB		00:32.00	
		00:32.00	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:46
Heat: 8/11 Lane : 3 Athlete: SARMI SOFIA			Q-time: 00:31:53
PB (25m pool): 00:31.53 Arendonk 31/05/2026			PB (50m pool): 00:33.02 SB: no time
	2 5 M	5 0 M	
PB		00:31.53	
		00:31.53	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:47
Heat: 9/11 Lane : 2 Athlete: DE VOCHT LINNE			Q-time: 00:30:90
PB (25m pool): 00:30.90 Leuven 12/10/2025			PB (50m pool): 00:31.51 SB: no time
	2 5 M	5 0 M	
PB		00:30.90	
		00:30.90	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:48
Heat: 10/11 Lane : 2 Athlete: VERDOOD PIP			Q-time: 00:29:27
PB (25m pool): 00:29.27 Arendonk 31/05/2026			PB (50m pool): 00:29.84 SB: no time
	2 5 M	5 0 M	
PB		00:29.27	
		00:29.27	
			

Coach feedback:

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Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:49
Heat: 11/11 Lane : 2 Athlete: JACOBS LOTTE			Q-time: 00:28:27
PB (25m pool): 00:28.27 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:28.98 SB: no time			
	2 5 M	5 0 M	
PB		00:28.27	
		00:28.27	
			

Coach feedback:

Event number: 14: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:49
Heat: 11/11 Lane : 6 Athlete: SCHELLEMANS CHARLOTTE			Q-time: 00:28:69
PB (25m pool): 00:28.69 Hoogstraten 28/09/2025 PB (50m pool): 00:28.76 SB: no time			
	2 5 M	5 0 M	
PB		00:28.69	
		00:28.69	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:2, starttime: 16:52
Heat: 2/10 Lane : 2 Athlete: GILLIS BAS			Q-time: 00:36:66
PB (25m pool): 00:36.66 Herentals 09/05/2026 PB (50m pool): 00:35.11 SB: no time			
	2 5 M	5 0 M	
PB		00:36.66	
		00:36.66	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:53
Heat: 3/10 Lane : 2 Athlete: GILLIS MATTHIJS			Q-time: 00:33:22
PB (25m pool): no time PB (50m pool): 00:33.22 SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZVL

Event number: 15: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:54
Heat: 4/10 Lane : 3 Athlete: MARIN ALEXANDRU			Q-time: 00:31:34
PB (25m pool): 00:31.34 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:32.69 SB: no time			
	2 5 M	5 0 M	
PB		00:31.34	
	00:31.34		
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:54
Heat: 4/10 Lane : 5 Athlete: VERSTRAETE PEPIJN			Q-time: 00:32:23
PB (25m pool): 00:32.23 Nijlen 16/11/2025 PB (50m pool): 00:32.86 SB: no time			
	2 5 M	5 0 M	
PB		00:32.23	
	00:32.23		
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:55
Heat: 5/10 Lane : 6 Athlete: DE WEERDT BENT			Q-time: 00:30:92
PB (25m pool): 00:30.92 Arendonk 31/05/2026 PB (50m pool): 00:31.13 SB: no time			
	2 5 M	5 0 M	
PB		00:30.92	
	00:30.92		
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:6, starttime: 16:56
Heat: 6/10 Lane : 6 Athlete: VERCAMMEN DAAN			Q-time: 00:29:25
PB (25m pool): 00:29.25 Nijlen 16/11/2025 PB (50m pool): 00:29.20 SB: no time			
	2 5 M	5 0 M	
PB		00:29.25	
	00:29.25		
			

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZVL

Event number: 15: 50M FREESTYLE MEN 11+										Heat:9, starttime: 16:59	
Heat: 9/10 Lane : 4 Athlete: DOOMEN MARNIX										Q-time: 00:25:57	
PB (25m pool): 00:25.57 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:25.64 SB: no time											
	2 5 M		5 0 M								
PB			00:25.57								
			00:25.57								
											

Coach feedback:

Event number: 16: 4x50M MEDLEY MIXED							Heat:1, starttime: 17:22	
Heat: 1/3 Lane : 1 Athlete: TEAM ZVL 1							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY MIXED							Heat:1, starttime: 17:22	
Heat: 1/3 Lane : 2 Athlete: TEAM ZVL 2							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY MIXED							Heat:1, starttime: 17:22	
Heat: 1/3 Lane : 3 Athlete: TEAM ZVL 4							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

HoZT SPRINT 26: Session: 1: COACH evaluation sheet for TEAM: ZVL

Event number: 16: 4x50M MEDLEY MIXED							Heat:1, starttime: 17:22	
Heat: 1/3 Lane : 4 Athlete: TEAM ZVL 5							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY MIXED							Heat:1, starttime: 17:22	
Heat: 1/3 Lane : 5 Athlete: TEAM ZVL 6							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY MIXED							Heat:2, starttime: 17:25	
Heat: 2/3 Lane : 1 Athlete: TEAM ZVL 3							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: